

**Abstract:**

A pole for a hand pallet truck comprising a pole bar linked to a support for a steerable wheel at its lower end and connected to a loop-shaped handle at the other end, the handle being centrally grippable at its rear end, an operating device within  
5 the handle, the operating device being attached to a holding extension projecting into the handle in prolongation of the bar, and being connectable to a lifting apparatus of  
the hand pallet truck via a traction and/or pushing element, wherein an operating  
lever is disposed on either side of the extension, the operating levers being pivotally  
mounted on the holding extension in a plane defined by the handle, wherein both  
10 operating levers act on a common displacement element connected to the traction or pushing element such that pulling the operating levers out of a neutral position away from the pole bar causes a lowering operation and pushing the operating levers out of the neutral position towards the pole bar allows a lifting operation of the lifting apparatus, and wherein the operating levers are coupled by means of a coupling  
15 mechanism such that the lowering operation is effected by pulling either one single operating lever or both operating levers at the same time, and the lifting operation is effected by pushing either one single operating lever or both operating levers.